

President's Message



SLI proudly celebrated 45 years of service to children and adults with intellectual/ developmental disabilities in 2016. It all began in 1970 when a group of families and concerned community advocates studied the need for residential facilities for adults with intellectual disabilities. In 1971, these founders created choices for families and their adult children other than institutionalization or staying at home with parents or other relatives. They provided hope for fulfilling safe, healthy and enriching lives for people with IDD and peace of mind for their families. Over the years, we have gone from one home serving 12 people to 21 homes and a community and independent living program serving 130 people, a community integration/job training program serving 46 people, and targeted case management serving 209 people.

The following is a historical timeline of the last 45 years:

- Families and community advocates formed a committee to study the need for residential living options for adults with developmental disabilities.
- 1971 The incorporation of Sheltered Living, Inc.
- The first group home opened at 1216 Fillmore with twelve men and women.
- Maggie Beers chaired the first Festival of Trees event due to a budget shortage of \$16,000 and the Festival raised \$16,000.
- **1980** Service delivery was expanded to Independent Living. Sheltered Living counselors helped clients learn how to budget for food, grocery shopping, manage the bus system, money management and other skills. We began semi-independent living opportunities in small apartments; staff lived on-site and helped with daily living skills and transportation.
- Opened the first assisted living apartments at Brookfield and Villa West designed to meet the needs of our clients. We also built three group homes to meet the expanding need for services.
- Purchased the Cattlemen's Association building on Fillmore Street for staff offices. The day services program opened.
- Purchased the church across from the main office on Fillmore and called it the Maggie Beers Training Center as an alternative day program.
- **2006** Received the 4th Commission on Accreditation of Rehabilitation Facilities (CARF) award which represents the highest level of accreditation that can be awarded to an organization and demonstrates the organization's substantial conformance to the standards established by CARF, a not-for profit accrediting body whose mission is to promote the quality, value, and optimal outcomes of services through a consultative accreditation process that centers on enhancing the lives of the clients served.
- Purchased a home on 31st Street with two levels and moved in five young men.
- Provided community living service for 158 men and women, day programming for 39 clients and case management to 126 families. Earned 5th CARF accreditation.
- Built three new duplex homes to consolidate and provide long term, accessible homes for our clients.
- Celebrated 40th Anniversary of providing services in Topeka. Started the Sheltered Living Legacy Campaign to continue being in the forefront of service delivery and have the administrative offices and day services headquartered at 3401 SW Harrison.

2012 - Sheltered Living was awarded their 6th CARF accreditation with the highest accreditation.

2013 – On November 11, Sheltered Living, Inc. achieved their goal of consolidating the Adult Life Skills program and administrative staff in one location with the opening of the service center at 3401 SW Harrison.

2014 - The new service center brought more opportunities for SLI clients such as more areas for individual interest and supporting individual growth with the Community Integration Program. A grant provided for the Supported Employment Program that included janitorial cleaning, car detailing and landscaping crews for clients to build skills and find a job in the community. A key-less access control entry system for the front door of our 21 homes was obtained through Capitol



Open House and Ribbon Cutting Ceremony

Federal® Foundation and Lewis H. Humphreys Charitable Trust grant.

2015 – With assistance from community members, board, staff and clients, Sheltered Living, Inc. changed to SLI to reduce confusion with the type of services provided and because the word "sheltered" is not indicative of the mission of SLI. Awarded 7th CARF accreditation. Festival of Trees added the first ladies night, "Tinsel & Treasures", which was a success. SLI's 21 homes had computers installed to increase communication and use of technology, added \$20,000 worth of fire systems to eight homes, encryption software was added, reception restroom door at 3401 SW Harrison was redone for accessibility. Capitol Federal employees volunteered at 3401 SW Harrison to do landscaping. Advisors Excel, MARS, Prairie Band Casino, Target & Westar Energy employees volunteered and did painting at five homes. Westar Energy donated a van for the maintenance department.

2016 - SLI celebrated 45 years of service in Topeka and was honored by Larry Wolgast, Mayor of Topeka, declaring May as SLI Month. An open house celebration and ribbon cutting was held to celebrate with the community, donors and SLI families. Pathway for Hope was initiated with the generosity of an anonymous donor to provide support to people with intellectual disabilities with a priority to SLI clients. The restricted fund is managed by the SLI Foundation. SLI received a \$233,363 FHLBank grant to support renovations for the Shenandoah homes where 30 SLI clients reside. Burlington Northern Santa Fe volunteered and did landscaping, painting and minor repairs on three SLI homes. SLI initiated a peer-to-peer socialization with SLI clients and the RoadRunners players.

We have seen much progress in this service field over the years and are proud to have been strong enough

to withstand regulation changes and funding cuts. SLI has been a progressive organization, constantly searching for ways to provide higher quality services in the most effective and efficient ways while being a constant and strong voice for people with disabilities.

Sincerely,

hfackson SLI President/CEO

Mission Statement

SLI supports the efforts of individuals with diverse abilities to achieve independence and actively participate in the community.

Vision Statement

To accomplish the mission of SLI, the organization will:

- Offer guidance to clients in determining and following their chosen path in life.
- Enhance clients' individual capabilities and skills by offering lifelong learning opportunities.
- Engage clients, families, and guardians in developing plans and measuring accomplishments.
- Promote clients rights through education and advocacy.

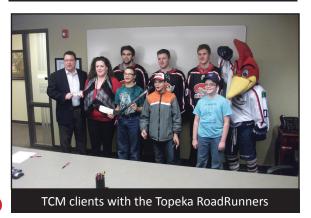
Supporting Individuals in the Community

Community Living Program keeps clients engaged in activities, volunteering in the community, learning daily living skills and teaching responsibility. The 95 men and women living in our 21 SLI homes are provided services 24/7/365 days a year.

Independent Living Program serves 34 men and women who have learned daily living skills and most have a part-time or full-time job. Each client receives services as needed based on their needs.











Community Integration Program (CIP) focuses on life-enhancing activities, active learning and community involvement. We offer services that reflect individual interest and support individual growth. All areas of life are valued and are part of the program agenda.

The program is designed to:

- choose learning experiences
- keep people engaged in a variety of activities
- learn daily living skills
- learn nutrition
- teach responsibility
- volunteer in the community

Targeted Case Management (TCM) is dedicated to ensuring the children and adults we serve are achieving their goals. Case Managers assist individuals and their families to:

- develop a person centered support plan
- identify and maintain eligible state and federal funding
- locate service providers

SLI has access to professionals trained and educated for autism spectrum disorders, mental health and behavioral supports and planning. Our SLI Staff is trained in social work, psychology, human services, nursing and mental health.

Supporting SLI

Your gifts bring hope and happiness to individuals with intellectual disabilities.

Ways to Give

- Corporate Support
- Company Matching Gifts
- Dedicating and Donating Time
- Individual Support Monthly Gifts
- Planned Giving
- Stock Donations
- Support of SLI's Festival of Trees
- Tributes and Memorials



Wish List

- Adult Coloring Books
- Appliances
- Art supplies
- Bath towels and wash cloths
- Bed blankets and sheets
- Bed pillows
- Bedroom furniture
- Bus tickets
- Comforter sets
- Crayons & colored pencils
- Furniture
- Giftcards from retailers
- Hygiene items
- Kitchen items
- Non-perishable foods
- Pots & pans
- Tableware (non-glass)



Special Events

SLI has two special events annually - the SLI Golf Classic, established 13 years ago, and the Festival of Trees, established 39 years ago. The funds raised provide for unfunded services such as client transportation, medical safeguarding and advocacy, nursing, personal medical supplies and dental services to name a few on the list. Over the years \$1.4 million has been raised for SLI services.



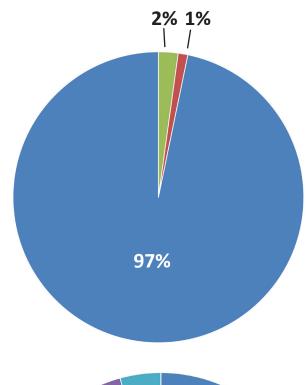


Financial Stats

Revenue:

- Other Revenue & Grants
- Fundrasing & Special Events
- Donations

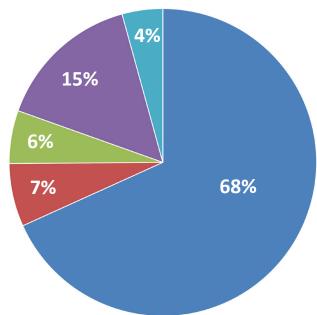
\$6,446,327 \$144,969 \$70,971



Expenses:

- Community and Independent Living Programs
- Administration
- Community Integration Program
- Targeted Case Management
- Other

\$4,531,515 \$1,014,391 \$440,997 \$370,216 \$284,083









SLI Accomplishments

Grants Received

- Blanche Bryden Foundation provided sponsorships for the SLI 2016
 Summer Camp. The donation assisted approximately 30 clients with
 limited funds to attend camp. The campers enjoyed five days and four
 nights doing activities such as swimming, wall climbing, zip-line, fishing
 and crafts. The funds help cover transportation, meals, facility rental,
 activities and staffing costs.
- Capitol Federal® Foundation grant dollars will provide a new software training program for staff with consistent annual education and training to meet governed standards. The curriculum of the 100 course field-specific content and conceptual understanding will improve the lives of the individuals with adverse abilities that we serve.
- FHLBank of Topeka's Affordable Home Program (AHP) grant will cover renovations for three duplexes where 30 SLI clients reside. The grant will make it possible to repair and update the homes with new flooring, countertops, interior and exterior painting, landscaping and a privacy fence to name a few changes. The grant enables SLI to bring the homes up to the quality expected for our clients.
- Lewis Humphreys Charitable Trust allowed SLI to acquire a new mini-lift bus and transport clients requiring a 1,000 pound lift and lessen stress on aging vehicles with only 800 lb. capacity.
 The lift mini bus is vital for safe transportation of wheelchair clients. SLI vehicles travel approximately 364 trips a day transporting clients to and from day services, medical appointments, volunteer commitments and community events.
- Prairie Bank Potawatomi Nation supported the SLI 39th Festival of Trees
 as the Presenting Festival sponsor. The support of PBP Nation helped
 cover unfunded services and programs for our clients with intellectual and
 developmental disabilities that is essential to their everyday living and
 health and quality of life for our clients. The unfunded areas are medical
 supplies, nursing care, transportation, social activities and basic needs.



- Target supported the "Living Well" program that provided training on eight healthy living topics and discussions for staff and clients to live, learn and thrive in a safe and respectful environment. The training helped clients become more independent and allowed them the opportunity to interact with positive role models. Caregivers learned skills to help guide clients to be independent and manage difficult situations.
- Walmart assisted with improving the health and wellness of people with disabilities. We influence their health status by improving their functioning abilities and promoting their health and wellness in preventing disease and further disability. The funds were used for client's special needs that are unfunded such as physician prescribed

special nutritional foods and Ensure supplements, diabetic strips and needles, depends, personal medical supplies and transportation costs.

Westar Energy assisted with the SLI Job Training Program, a researched evidence-based program to demonstrate effectiveness through paid competitive employment and work sites that are integrated and ongoing support to clients with disabilities. The program has a 24- curriculum module that focus on job development and general vocational skills that include a combination of skill building such as hands-on, class room participation and computer programs. Each client learns what is expected of employees, interview skills, appropriate behavior/grooming, resume



building and how to fill out a job application. Clients are encouraged to choose work that appeals to them and learn skills within their abilities, make choices and learn responsibility.

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Thank you to the many businesses, groups and individuals who volunteered this year at SLI! Your hard work has helped improve the quality of life for all SLI persons served!

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Serving people with intellectual disabilities since 1971

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